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# SECTION 504 HANDBOOK FOR STAFF, PARENTS & STUDENTS

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# Table of Contents

Introduction .....	4
What is Section 504? .....	4
The ADA and the Maine Human Rights Act.....	4
Is Section 504 a Special Education Law? .....	4
Which Students Qualify for Coverage under Section 504? .....	5
How Does the Section 504 Process Work? .....	6
Student Discipline under Section 504 .....	9
Extracurricular Activities .....	10
Impartial Hearings and the Grievance Procedure under Section 504 .....	11
Notices of Parent/Student Rights .....	9

## INTRODUCTION

This handbook is intended as a resource for students, parents and school district staff regarding the requirements of Section 504 as they relate to students. Questions or concerns about specific students should be addressed to:

The Director of Special Services  
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## What is Section 504?

Section 504 is part of the federal Rehabilitation Act of 1973, which was enacted by Congress to combat discrimination against individuals with disabilities in services, programs and activities administered by any entity that receives federal funds, including public schools. Section 504 states in pertinent part:

No otherwise qualified individual with a disability in the United States...shall, solely by reason of his or her disability, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance....

## The ADA and Maine Human Rights Act Also Prohibit Disability-Based Discrimination

The Americans with Disabilities Act (“ADA”) also prohibits discrimination based on disability, but it is broader and applies to all public entities (including schools), whether or not they receive federal funds. The ADA also prohibits disability-based discrimination in employment by employers (public or private) with 15 or more employees, as well as in places of “public accommodations” such as stores, hotels, restaurants, day care centers, and private non-religious schools. The Maine Human Rights Act also prohibits disability-based discrimination in a variety of contexts, including employment and educational programs and activities.

## Is Section 504 a Special Education Law?

No. While all special education students who qualify for services under federal and state special education laws (i.e., the Individuals with Disabilities Education Act or IDEA) may also qualify for services under Section 504, Section 504 students are not necessarily covered by special education laws. To qualify for special education, there must be evaluations and observations showing that the student has one of a number of specific, listed disabilities; that the student’s condition has an adverse effect on his/her educational performance;

and that the student requires specialized instruction to ensure a free appropriate public education (FAPE ). To be eligible under Section 504, a student must demonstrate that he/she is a qualified individual with a disability under standards that are different from special education students. Students eligible under Section 504 often require some type of accommodation or related aids and services that are necessary for the child to access his or her educational program, to be provided with an equal educational opportunity, and to gain access to a free appropriate public education. Generally speaking, students who qualify only under Section 504 will not be receiving direct instructional services of a specialized nature and, in many cases, their related aids and services are provided in a regular education setting. Students with disabilities who require specialized instruction because of that disability will more often be served through special education.

## **Which Students Qualify for Coverage Under Section 504?**

Section 504 and the ADA provide specific protections for “qualified individuals with a disability.” There are three categories that may qualify someone as an “individual with a disability.” These are:

1. A person who has a physical or mental impairment which substantially limits one or more major life activities;
2. A person who has a record of such an impairment; or
3. A person who is regarded as having such impairment.

Most of the student situations that schools encounter involve students with actual current impairments that substantially limit a major life activity. These students may need specific services and accommodations in order to access the school program, but it may occasionally also be true that an eligible child under Section 504 is not in need of any interventions at the present time. Protection under the second and third categories listed above generally does not require providing special accommodations or services. Instead, the second and third categories generally protect against negative, discriminatory actions by the school or school officials.

For a student to be identified under Section 504, in most circumstances the school must conclude that the child has: (1) a physical or mental impairment that (2) substantially limits (3) a major activity. Each of these three concepts is briefly discussed below.

### **Physical or Mental Impairments**

The regulations define “physical or mental impairments” through examples. Physical impairments include “any physiological disorder or condition, somatic disfigurement, or anatomical loss

affecting one or more” listed body systems. These include neurological, musculoskeletal, special sense organs, respiratory or speech, cardiovascular, reproductive, digestive, genito-urinary, hemic/lymphatic, skin and endocrine body systems. Mental impairments are “any mental or psychological disorder.” The identification categories in the DSM-IV Psychological Manual can be a useful guide to identifying mental impairments, although those categories are not legally binding.

For a physical or mental impairment to substantially limit a major life activity, the impairment should limit that activity to an ample or considerable degree. It should be more than a minor limitation. Generally, the substantial limitation should be expected to last more than six months in length. The substantial limitation should be in comparison to the average student in the general population. Conditions that are episodic or in remission still might qualify, as long as they substantially limit a major life activity when active. An impairment often will be viewed as substantially limiting when the student is:

- (i) (i) Unable to perform a major life activity that the average person in the general population can perform; or
- (ii) (ii) Substantially restricted as to the condition, manner or duration under which an individual can perform a particular major life activity as compared to the condition, manner or duration under which the average person in the general population can perform that same major life activity.

The following factors may be useful in making the determination:

- a) **The nature and severity of the impairment;**
- b) **The duration or expected duration of the impairment; and**
- c) **The permanent or long-term impact, or the expected permanent or long-term impact of or resulting from the impairment.**

Section 504 and the ADA state that when determining whether impairment is substantially limiting, the beneficial effects of any “mitigating measures” the student may be receiving or could receive should be ignored. The law defines “mitigating measures” to be factored out of the eligibility decision as including:

- (i) Medication; medical supplies, equipment, or appliances; low-vision devices (which do not include ordinary eyeglasses or

contact lenses); prosthetics including limbs and devices; hearing aids and cochlear implants or other implantable hearing devices; mobility devices; or oxygen equipment and supplies;

- (ii) Use of assistive technology;
- (iii) Reasonable accommodations or auxiliary aids or services; or
- (iv) Learned behavioral or adaptive neurological modifications.

Thus, if a student seems fine as a result of some medication, accommodation or assistive technology the student receives, but without it he or she would be substantially limited in a major life activity, the student will likely be a qualified person with a disability under Section 504 and the ADA. Please note that if the impairment is well controlled by virtue of some mitigating measure, the student may not need any interventions and supports in a 504 Plan, even though the student is considered disabled under the law. As a general matter, typical supports or interventions provided by regular education teachers to any student in the classroom, whether or not the student has a disability, are not considered a “mitigating measure.”

### **“Major Life Activities”**

Major life activities are defined as activities considered important to daily life. The law includes a long list of major life activities, but it is not exclusive. The listed categories are:

1. Caring for oneself
2. Performing manual tasks
3. Seeing; Hearing
4. Eating
5. Sleeping
6. Walking
7. Standing
8. Lifting
9. Bending
10. Speaking
11. Breathing
12. Learning
13. Reading
14. Concentrating
15. Thinking
16. Communicating;
17. Working
18. The operation of a major bodily function
19. Sitting
20. Reaching
21. Interacting with others.

The “operation of a major bodily function” includes, but is not limited to, the operation of the following bodily functions:

1. Function of the immune system;
2. Normal cell growth;
3. Digestive
4. Bowel
5. Bladder
6. Neurological
7. Brain
8. Respiratory
9. Circulatory
10. Endocrine, and
11. Reproductive function.

Eligibility Determination Must Be Made On Case-By-Case Basis

In conclusion, the determination of whether a particular impairment qualifies for Section 504 protections can be complex and must be made on a case-by-case basis in accordance with district policies and procedures. In all cases, however, there must be a physical or mental impairment that substantially limits a major life activity.

### How Does the Section 504 Process Work?

The district has established a set of procedures and forms that guide Section 504 processes to ensure that the school meets its Section 504 responsibilities to students. A summary of that process follows.

4. Any parent, legal guardian or school staff member may initiate a referral of student who is believed to be a child with a disability under Section 504. An adult student of eligible school age also may initiate such a referral for him or herself.
5. A referral for Section 504 must be forwarded to the building 504 Coordinator **[Guidance Counselor]**. This person shall ensure that the district’s 504 Referral Form is properly filled out, which will initiate the 504 referral process. Based on the information in the referral form, the 504 Coordinator **[Guidance Counselor]** may choose to refer the child to the district’s special education process instead of the 504 referral process.

6. The building Section 504 Coordinator [**Guidance Counselor**] will convene a team meeting within a reasonable time to consider the information gathered with the person making the request. The Team will document their decision and provide notice of rights and responsibilities to the parent/guardian. The team may need to further evaluate the student to determine appropriate placement. The Team also may decide to refer the child to the district's special education process, or to access any available pre-referral process that may be operating in the school building.
  7. All decisions regarding a student's 504 eligibility, placement and the provision of any necessary related aids and services will be made by the 504 Team, and will be based on information from a variety of sources, with information from all sources being carefully considered and documented.
  8. Members of the 504 Team should include the building 504 Coordinator or approved designee and any other appropriate school staff who are knowledgeable about the student, the evaluation data and the placement options. This may include the school nurse when appropriate. The student's parent/guardian will be invited to participate in the 504 Team meeting. The School or the parent/guardian may invite other individuals with knowledge about the child to the 504 meeting.
  9. A written notice will be given to the parent/guardian or adult student prior to the meeting, notifying them of the time, place and purpose of the meeting. Whenever possible, the notice should be provided at least seven days before the meeting.
  10. The building 504 Coordinator or approved designee will chair the meeting and assign a member of the 504 Team the duty of taking minutes at the meeting. A copy of the minutes will be sent to the parent/guardian and placed in the student's education records within a reasonable time after the meeting.
  11. The Team must ensure that decisions about student eligibility or about significant changes in the student's program or supports are based on an evaluation of the child. If this evaluation is going to include specific testing of the child, the school must obtain written consent from the parent/guardian
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before conducting that testing. If a parent refuses to provide consent for an initial evaluation to determine a student's 504 eligibility, the school may, but is not required to, initiate a 504 hearing challenging the parent's decision.

12. Team decisions will be made by consensus. It is not appropriate to make eligibility, placement, or programming decisions based on a majority "vote." In the absence of consensus, the 504 Coordinator or designee at the meeting will make the final decision regarding a child's eligibility and, if needed, the placement and related aids and/or services that the child needs.
  13. The school unit must provide the parent/guardian with notice of the district's proposals or refusals, or both, regarding their child's educational program, and with notice that the parent/guardian has a right to seek resolution of any disagreements through the local grievance procedure or by initiating an impartial due process hearing.
  14. When considering a student's eligibility under Section 504, the Team will complete a 504 Eligibility Form. A copy of the completed Eligibility Form will be sent to the parent/guardian within a reasonable time after the meeting and shall be placed in the student's education records.
  15. A child may not receive **initial** placement in 504 services without the written consent of the child's parent/guardian. Consent by one parent with educational rights in relation to the student is sufficient to initiate the services in question. If the student is an adult, the student shall be the person from whom the district must obtain the written consent. ***Written consent is not required for subsequent changes in 504 services.***
  16. If the Team determines that an eligible student requires accommodations and/or related aids or services, a Student 504 Accommodation Plan will be written.
  17. If the Team determines that an eligible student does not now require any accommodations and/or related aids or services, a
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504 Accommodation Plan should be written specifying that no aids or services are needed at this time.

18. The 504 Plan will be made available to all staff that has responsibilities under the Plan, to the parent/guardian and the 504 Coordinator. A copy of the 504 Plan will also be placed in the student's education records within a reasonable time after the meeting, unless the building maintains a separate 504 folder.
19. The 504 Plan should be reviewed at least annually or sooner if requested. The 504 Team should meet at least annually to review even those 504 Plans that indicate no services are currently needed.
20. All 504 students must be reevaluated periodically, but no less than every three years, to determine their continued eligibility and, if eligible, their continued need for accommodations or related aides and/or services.

At any point in the 504 process, school staff or the parent/guardian or adult student may initiate a referral to consider the student's eligibility for special education.

## **Student Discipline**

It is important to understand that students who are identified as disabled under both Section 504 and special education laws are covered by the special education discipline rules. For students identified only under Section 504, the discipline rules are somewhat less stringent.

A Section 504 student may be suspended for up to 10 consecutive school days as long as the suspension is consistent with the rules and procedures applied to non-disabled students. Unlike special education, there is no independent duty under Section 504 to provide alternative (or tutorial) services to 504 students who have received suspensions in excess of 10 cumulative days in the school year.

If the student is suspended or expelled for a length of time that would be considered a significant change of placement, the Section 504 team must conduct a meeting to determine whether the misconduct was related to the student's disability. A disciplinary removal will be considered a significant change of placement if:

21. ***The removal is for more than 10 consecutive school days in a row; or***

22. *There is a series of disciplinary removals totaling more than 10 school days in the school year, and that series constitutes a pattern because the behavior is substantially similar to the previous incidents that resulted in the removals, and because of additional factors such as the length of each removal, the total removal time and the proximity of the removals to each other.*

If the 504 Team determines that the misconduct is related to the disability, then any further programming or removal decisions must be addressed through the Section 504 Team meeting process, based on a consideration of evaluative data, and must be calculated to meet the student's educational needs. If the 504 Team determines that the student should be served in a location other than his or her regular school setting, services must be provided to that student that are reasonably likely to provide the student with a FAPE.

If a determination is made that the misconduct was not related to the disability, then the student may be treated in the same manner as a non-disabled student. There is no requirement in this situation to provide any educational services during the suspension, if non-disabled students also would be denied educational services.

A Section 504 student who is found to have violated school policies and/or rules on the use or possession of drugs and alcohol, and also is currently using drugs or alcohol, may be disciplined to the same extent and degree as non-disabled students, without the need for a Section 504 Team meeting, manifestation determination or alternative services.

## **Extracurricular Activities**

A disabled student is qualified to participate in non-academic services such as extracurricular activities if he or she "meets the essential eligibility requirements for the receipt of such services." If the student meets the eligibility requirements for the activity, with or without reasonable accommodations, the district has an obligation to permit the student to participate on equal terms with non-disabled students and must provide any necessary accommodations at no cost to the student.

Most disputes regarding students with disabilities in extracurricular activities concern whether requested accommodations would be reasonable and necessary for the district to provide. These issues are complex and have been litigated extensively in the courts. A thorough review should be undertaken by the student's Section 504 Team before any student is denied access to a desired activity.

## Impartial Hearing and Complaint Procedures

### Impartial Hearing

When a parent/guardian or adult student disagrees with the district's decisions regarding the Section 504 process, they are entitled to request a hearing conducted by an impartial hearing officer from outside the school unit. Questions regarding how to request a hearing under this section should be directed to the Section 504 coordinator.

### Complaint Procedure

The district maintains a student Discrimination and Harassment Complaint Procedure. This procedure provides a process for students or parents/guardians to raise concerns regarding the school's compliance with its obligations under state and federal discrimination and disability laws, including Section 504.

### OCR Complaint Process

A parent/guardian, student or others may also file a complaint with the federal Office for Civil Rights alleging any violations of Section 504 and/or the ADA. To make an inquiry or file a complaint under Section 504, an individual may contact:

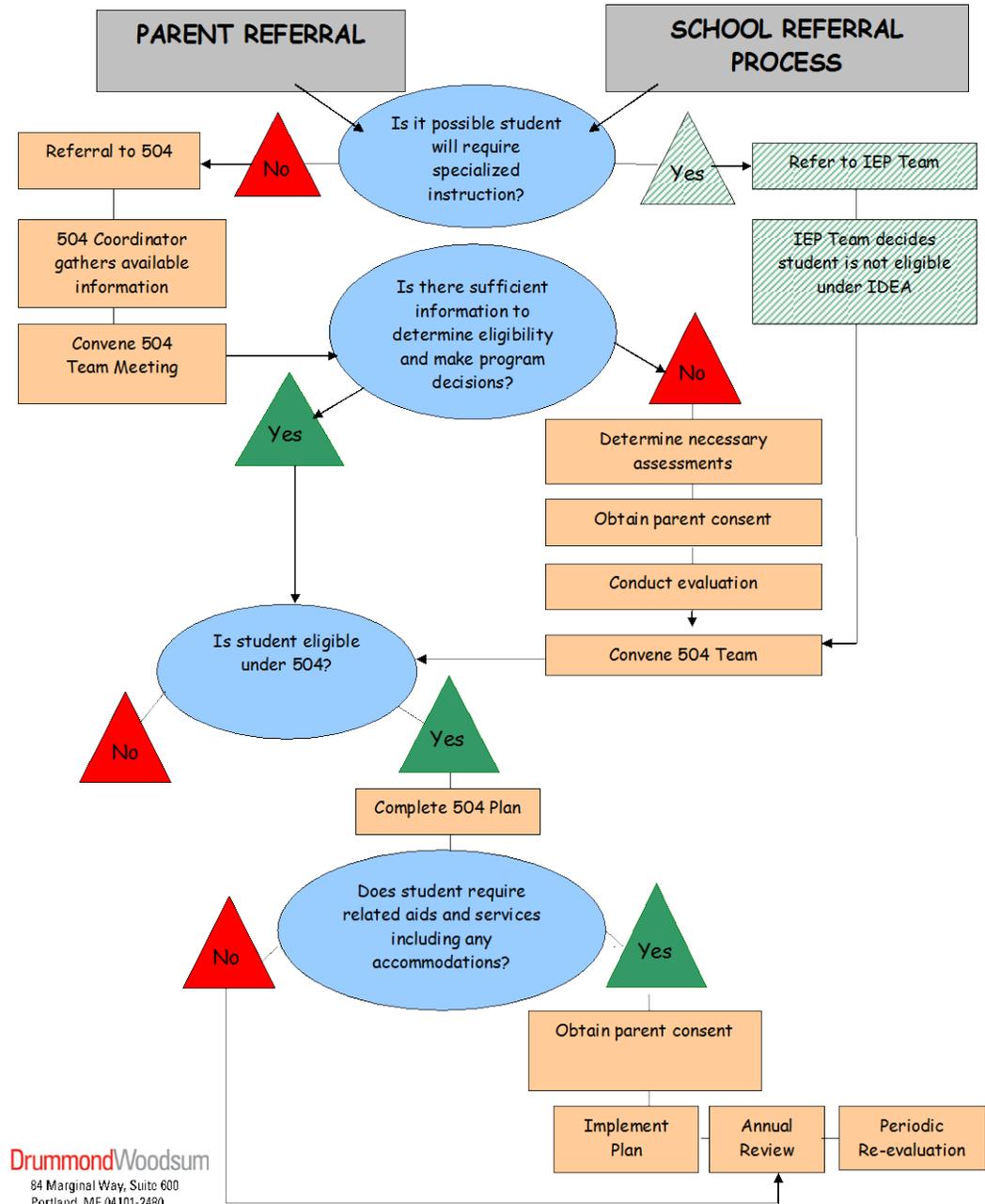
Office for Civil Rights, Regional Director  
U.S. Department of Education  
33 Arch Street, Suite 900  
Boston, MA 02110-1491

Telephone: 617-289-0111 | TDD: 877-521-2172  
Fax: 617-289-0150 | E-mail: [OCR.Boston@ed.gov](mailto:OCR.Boston@ed.gov).

### Notices of Parent/Student Rights

The School Department has adopted notices related to the rights of students and parents under Section 504.

## 504 PROCESS FLOWCHART



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